

November 2019

Mission Stories of Outer Islands & Coastal Downeast Maine Towns

A Time of Giving and Reflection



Mission President John Zavodny

BAR HARBOR, ME -- Friends of the Mission, to me, November has always been a time of giving and reflection. This year even more so with the recent passing of my mother. Mom was never more proud than when I became Mission president. She just loved following the adventures of the <u>Sunbeam</u> and our <u>EdGE</u> kids on social media.

Mom would have loved the newest edition of the <u>Mission Bulletin</u>. It's just full of amazing Mission kids: the littles, the middles, and the bigs. We're calling it the Education Issue, because it puts all of our education programs into larger social context and outlines how our education programs might serve in the future.

Speaking of the printed page, letters will be in the mail shortly inviting you to participate

in this year's annual fund. We recently named it the "<u>Mission Fund</u>," as a constant reminder of exactly why we're engaged in this work. Thank you for considering a gift as we work to fully fund current programs and secure the Mission's future as well.

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Stories of Giving Back



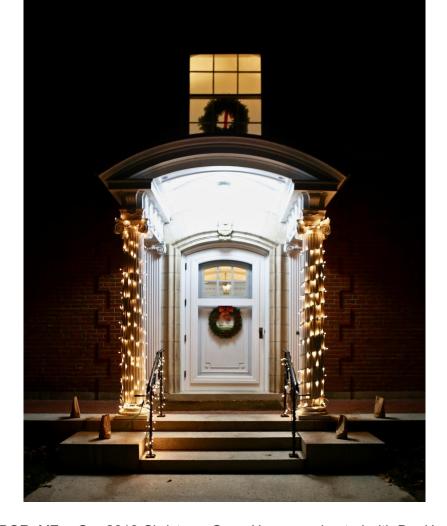
Island Health Services Director Sharon Daley, RN visits with a patient on an unbridged Maine island during a regular telemedicine trip aboard the <u>Sunbeam V.</u>

BAR HARBOR, ME -- By land and by sea, Maine Seacoast Mission offers a lifeline to residents of islands and Down East coastal communities.

For Brenda Clark and other year-round islanders, Maine Seacoast Mission offers a critical lifeline. Its M/V *Sunbeam V*, a 74-foot floating support vessel, stops on 10 unbridged islands regularly providing food, fellowship, and healthcare. *Sunbeam Steward Jillian serves meals*. Island Outreach Director and Chaplain Douglas Cornman offers counseling, activities, and classes. Island Health Services Director Sharon Daley, RN performs routine health screenings, hosts telemedicine visits with primary care doctors and other medical professionals, and she comes ashore to visit homebound islanders.

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Bar Harbor Historical Society – Maine Seacoast Mission Christmas Open House



BAR HARBOR, ME -- Our 2019 Christmas Open House, co-hosted with Bar Harbor Historical Society, will be held Friday, December 6th from 5:30 - 7:30 pm at La Rochelle on 127 West Street in Bar Harbor.

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Downeast Table of Plenty – Come One, Come All



Downeast Table of Plenty photo courtesy Ellsworth American.

CHERRYFIELD, ME — On Sunday afternoons, the Weald Bethel Community Center has the feel of an old-fashioned family dinner.

People gather in the Maine Seacoast Mission's community center off Route 1 to socialize, taking in the aromas coming from the kitchen.

In a large kitchen around the corner.., cooks are busy preparing the meal, whose menu is not set ahead of time. No disposable dishes or utensils are used here — only everyday china and real flatware. After the Sunday buffet-style dinner, the dishes are done by hand.

The meal is a community effort known as Down East Table of Plenty, a weekly event, designed to feed both the body and the soul. There is no charge.

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Downeast Tiny House Project Update - Groundbreaking!



MILBRIDGE, ME — On Tuesday October 22, 2019, <u>John Goodwin Jr. Construction</u>, Southwest Harbor, ME started groundbreaking work on our Tiny House's land in Milbridge. A heavy equipment operator, and an employee with a chainsaw spent the day prepping the land our Veteran will soon call home.

Our next phase will involve a septic system and concrete crew. If you'd like to become one of our sponsors please contact Bobbi Ann Harris at 664-2424.

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Christmas Program Wish List Available Online



CHERRYFIELD, ME -- Each year at Christmas time, the Mission distributes holiday gifts to children, families, elderly, and nursing home residents. The tradition of Mission

Christmas presents began more than 100 years ago when the Mission brought gifts to island residents and lighthouse keepers.

Now, generous donors bring new items to the Mission throughout the year to be distributed on the islands and in Hancock and Washington counties at Christmas time.

Last year we helped with gifts for over 1,500 children and elderly in need. Our Christmas Program Wish List 2019 with shipping instructions is <u>available for downloading here</u> and on the Mission web site. For the first time, we are also providing a wish list on Amazon which can be accessed by <u>this link</u>.

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